

*Collaboration of Schools, Families and Communities to
promote Youth Physical Activities*



Cross-Sector Collaboration



- Parks and recreation departments—provide access
- Law enforcement agencies—promote safety
- Urban planners— design features
- Transportation agencies— promote use, safety, and access
- Architects—design and construction



Working Together: Community Involvement In School-Based Physical Activity



- Support school-based physical activity
 - Join the school health advisory council
 - Donate equipment or money or encourage staff to volunteer time
 - Support *Safe Routes to School* programs
 - Offer afterschool physical activity programs



Working Together: Joint-Use Agreements



- Share resources: athletic fields, playgrounds and fitness facilities with other community members
- Open school facilities to provide physical activity programs to students, families, school staff, and community members
- Seek funding from local businesses, community groups and health organizations for physical activity programs





YOUTH PHYSICAL ACTIVITY



Thanks!

